THOMAS P. SOKOL M.D., FACS, FASCRS COLON & RECTAL SURGERY DIAGNOSTIC & SURGICAL COLONOSCOPY

Fellow American College of Surgeons Fellow American Society of Colon & Rectal Surgeons

6. November 2004

Re: Letter of Recommendation for Edward Sheldon, Ph.D.

Ministry of Health, State of Israel

To Whom It May Concern:

It is with pleasure that I write this letter of recommendation for my colleague, Edward Sheldon, Ph.D. Dr. Sheldon integrated a proscribed course of therapy with a number of my patients suffering from maladies related to my specialty of Colon and Rectal Surgical and Medical practice. By utilizing his expertise he was able to mesh a course of psychotherapy, hypnotherapy, biofeedback in behavioral modifying techniques to help many of my patients with a variety of medical problems, and their accompanying psychological components. He worked with patients with such disorders as spastic or irritable bowel, evacuation problems, and proctalgia fugax or rectal spasms both in the pre and postoperative phases of therapy.

He was able to create an integrative treatment program utilizing his expertise and that of other alternative medicine professionals on his staff that were under his direct supervision at Integrative Health Services.

My patients found Dr. Sheldon to be effective, caring and professional in his approach to their problems. I recommend him highly as a practitioner of psychotherapy and behavioral medicine. I am sure he has a lot to offer the citizens of Israel.

Sincerely

Thomas P. Sokol, MD FACS, FASCRS

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